



SINCE 2005 · WE HAVE 8 LOCATIONS · IN ATLANTA ·
NDM MARKET
WWW.NDMMARKET.COM
WEEKLY ADS, RECIPES AND MORE

NDM Market APP @ndmmarket @ndmmarket
SPECIAL SENIOR HOUR 9AM~10AM 5% D/C FOR SENIORS!

DOWNLOAD OUR APP
OR VISIT OUR WEBSITE
FOR EVEN MORE SAVINGS!
**DIGITAL COUPON
USING APP**

WEDNESDAY WINS

JOIN NDM REWARD
TO START EARNING & SAVING
2X POINTS
USING POINTS TO SAVE
ON YOUR PURCHASE

NDM MARKET APP

Want to save money on groceries? Sign up for App Card today at the register or online to receive 50 points! Add your phone number and email for an additional 50 points. Earn points to save money on your next purchase at Nam Dae Mun.

SEA SCALLOP
10/20

HOT DEAL

17.99
LB

TILAPIA
FILLET 3/5

HOT DEAL

5.99
PK

HOT DEAL

9.99
PK

NZ GREEN
HALF SHELL MUSSEL

LAMB
SHOULDER
WHOLE

5.49
LB

CHICKEN
BL BREAST
FAMILY

2.49
LB

HEAD ON
WHITE
SHRIMP
20/30

3.99
LB

SQUID
RING

3.99
LB

CKD
CRAWFISH
16/22

10.99
PK

CHICKEN
DRUMSTICK BAG

HOT DEAL

0.79
LB

BEEF BL
BANANA
SHANK
WHOLE

5.49
LB

HOT DEAL

LAMB LEG
WHOLE

5.49
LB

HOT DEAL

VEGETABLES & FRUITS



ONLY FRI-SUN!



CALIFORNIA ORANGE

(4LB)

4⁹⁹
BAG

HOT DEAL



FUYU PERSIMMON

1⁹⁹
LB

HOT DEAL



BROCCOLI CROWN

1⁴⁹
LB



CAULI FLOWER

3⁴⁹
EA



DULUTH ONLY!
KOREAN PEAR

(8CT)

3²⁹
BOX

(3PC)

8⁹⁹
PK



ORRI MANDARIN

1⁹⁹
LB



YELLOW PAPAYA

0⁹⁹
LB



CHESTNUT

5⁹⁹
LB



ROMA TOMATO

1²⁹
LB



GREEN CHAYOTE

0⁹⁹
LB

HOT DEAL



BABY SPINACH

3⁹⁹
BAG

(2LB)



WATERCRESS

2³
FOR

HOT DEAL



PEELED BABY CORN

6⁹⁹
LB



BEET LOOSE

0⁹⁹
LB



KOREAN SWEET POTATO

9⁹⁹
BOX

(5LB)

WEEKDAY SALE!



HACHIYA PERSIMMON

3⁹⁹
LB



PINK LADY APPLE

1⁹⁹
LB



RED DELICIOUS APPLE

1⁴⁹
LB



RED APPLE

4⁹⁹
BAG

(3LB)



MANDARIN

1⁹⁹
LB

4⁹⁹
BAG

(3LB)



GRAPEFRUIT

1⁹⁹
EA



HASS AVOCADO

0⁹⁹
EA



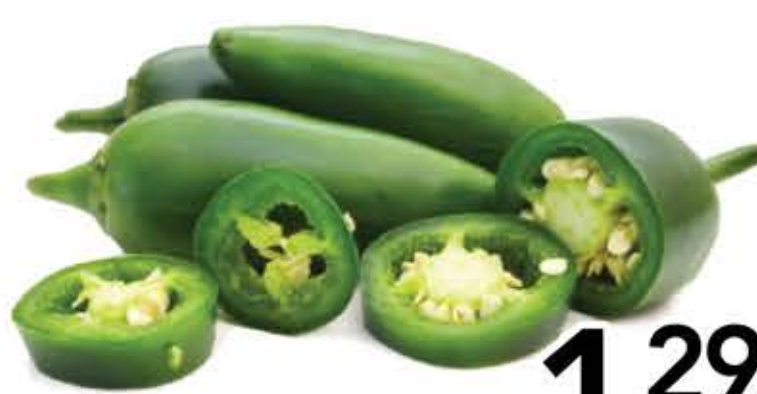
ICEBERG LETTUCE

2⁵
FOR



CELERY

1⁹⁹
EA



GREEN JALAPENO

1²⁹
LB



GREEN KALE

0⁹⁹
LB



BLACK GARLIC

4⁹⁹
PK

(8OZ)

SALE DATES: FRI., OCTOBER 2ND - THURS., OCTOBER 8TH, 2026

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Quench

Your Thirst.



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SAVE MORE EVERY DAY!



MOTT'S
APPLE JUICE
64OZ



HOT DEAL

25
FOR



MOCHA ARABICA
3 IN1 INSTANT COFFEE MIX
330CT

35.99
EA





MOCHA ARABICA
3 IN1 INSTANT COFFEE MIX
100CT

1.99
EA





DAMIZLE
FRUIT TEA
2 KINDS 1KG

5.99
EA



SFC SPARKLING SODA
4 KINDS 6/350ML

4.99
PK



BRAVO TEA BAG
5 KINDS 20TB

4.99
EA



POWERADE
SPORTS DRINK
28OZ

10.10
FOR



COCA COLA DRINK
16.9OZ 6PK

3.10
FOR



COCA COLA DRINK
12OZ 12PK

2.12
FOR



COCA COLA DRINK
7.5OZ 10PK

2.11
FOR



BODYARMOR
SPORTS DRINK
12OZ 8PK

6.99
PK



CALLAWAY BLUE
SPRING WATER 24PK

7.99
PK



DASANI PURIFIED
WATER 24PK

3.99
PK



TAMPICO PUNCH
10OZ 15PK 150OZ

4.99
PK

DAIRY & FROZEN ❄️



NDI MARKET APP

ONLY THUR-SUN!
TOTINO PARTY PIZZA
 9.8-10.9OZ

1⁵⁹ EA
 DIGITAL COUPON
 \$1 OFF 1
0⁵⁹ EA

LIMIT 1



TURKEY HILL
TEA DRINK
128OZ

3⁷⁹ EA



GOLD PEAK
SWEET TEA
52OZ

2⁷⁹ EA



CALIFIA
FARMS MILK
48OZ

4²⁹ EA



BORDEN
SINGLES CHEESE
12CT 12OZ

2⁹⁹ EA



CHOBANI GREEK YOGURT
5.3OZ

45
FOR
DIGITAL COUPON
\$1 OFF 4
4⁴
FOR

LIMIT 1



FOOD CLUB
SOUR CREAM
16OZ

1⁹⁹ EA



FOOD CLUB
SOUR CREAM
24OZ

2⁴⁹ EA



FOOD CLUB
COTTAGE CHEESE
CURD 16OZ

2⁴⁹ EA



PHILADELPHIA
CREAM CHEESE
BAR 16OZ

5⁹⁹ EA



PHILADELPHIA
CREAM CHEESE
SPREAD 7.5-8OZ

3⁹⁹ EA



PARKAY SPREAD
41OZ

5⁷⁹ EA



HOT POCKETS
4PK 16-18OZ

4⁴⁹ EA



TOTINO'S 50CT
PIZZA ROLLS
24.8OZ

5⁴⁹ EA



LINDY'S ITALIAN
ICE CREAM
6PK 36OZ

24
FOR

HOT DEAL



BLUE BUNNY
ICE CREAM
46-48OZ

2⁹⁹ EA

HOT DEAL



MAYFIELD
SHERBET 32OZ

3⁴⁹ EA



NEW YORK
FZ BREAD
7.3-13.5OZ

2⁹⁹ EA



SIMPLY SO
ORGANIC RICE
4 KINDS 567G

3⁹⁹ EA

HOT DEAL



PILLSBURY
BISCUITS/CRESCENTS
4-12OZ

1⁴⁹ EA

HOT DEAL



OUTSHINE
ICE CREAM BAR
6CT

4⁴⁹ EA



TURKEY HILL
ICE CREAM
46OZ

27
FOR



PULMUONE
NASOYA ORGANIC
TOFU 3 KINDS 14-16OZ

2⁴⁹ EA

HOT DEAL



HMD VEGAN MANDU
2 KINDS 330G

2⁹⁹ EA

HOT DEAL

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GROCERIES - ALL STORES



NDI MARKET APP

ONLY THUR-SUN!
KELLOGG'S POP-TARTS
10.9-13.54OZ

LIMIT 1

2⁹⁹ EA
DIGITAL COUPON \$1 OFF 1
1⁹⁹ EA

KINDERS BBQ SAUCE
15.5-16.1OZ

2⁶30 FOR

HOT DEAL

ACT II POPCORN
3PK 8.25-OZ

1⁴⁹ EA

HOT DEAL

QUAKER INSTANT OATMEAL
8.4-14.1OZ

27 FOR

HOT DEAL

ROASTED SEASONED SEAWEED 2 KINDS 24PK

7⁹⁹ EA

HOT DEAL

BADAWON SEASONED SEAWEED
3 KINDS 40G

1⁴⁹ EA

KRAFT DRESSING
16OZ

26 FOR

HEINZ TOMATO KETCHUP SQUEEZE
38OZ

4⁹⁹ EA

HELLMANN'S SQUEEZE MAYONNAISE
11.5OZ

4⁴⁹ EA

KELLOGG'S CEREAL
12-17.3OZ

3⁹⁹ EA

SAMYANG MEP NOODLES
2 KINDS 4/120G

4⁹⁹ PK

NONGSHIM BAEHONGDONG BIBIM MYUN
4/137G

4⁹⁹ PK

PALDO BIBIM MYUN
5/130G

4⁹⁹ PK

ONLY THUR-SUN!
KRAFT MACARONI & CHEESE
7.25OZ

LIMIT 1

45 FOR
DIGITAL COUPON \$2 OFF 4
43 FOR

ORION FRESH BERRY
2 KINDS 336G

4⁹⁹ EA

ORION PEANUT SNACK
2 KINDS 147-202G

2⁹⁹ EA

NABISCO AHOY CHIPS
9.5-20OZ

3⁹⁹ EA

IGA HONEY SQUEEZE
16OZ

4⁹⁹ EA

CALIFORNIA FARMS CONDENSED MILK
16OZ

3⁹⁹ EA

LKK SRIRACHA MAYO
15OZ

3⁹⁹ EA

ONLY THUR-SUN!
IGA SUGAR
10LB

LIMIT 1

6⁹⁹ EA
DIGITAL COUPON \$1 OFF 1
5⁹⁹ EA

IGA SOUP
10.5-11.75OZ

0⁹⁹ EA

IGA SPAGHETTI
16OZ

45 FOR

IGA M/W POPCORN EXTRA BUTTER
32OZ

2⁹⁹ EA

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SAVE

EVERYDAY ITEM!

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TIDE PODS
LAUNDRY
DETERGENT 25-42CT

10⁹⁹ EA
DIGITAL COUPON
\$3 OFF 1
7⁹⁹ EA
LIMIT 1



TIDE LIQUID
LAUNDRY
DETERGENT 73-84OZ

10⁹⁹ EA
DIGITAL COUPON
\$3 OFF 1
7⁹⁹ EA
LIMIT 1



CASCADE
DISHWASHER PODS 9-16CT



5⁴⁹ EA



CHARMIN
ULTRA
6 MEGA ROLL
TOILET TISSUE
6CT

11⁹⁹ EA



CHARMIN
ULTRA 9 MEGA ROLL
TOILET TISSUE 9CT



11⁹⁹ EA



BOUNTY TRIPLE ROLL
PAPER TOWELS 4CT

11⁹⁹ EA



BOUNTY
DOUBLE ROLL
PAPER TOWELS 6CT



10⁹⁹ EA

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NDM MARKET

10.02.2026 ~ 10.08.2026

PRODUCE

WEEKEND SALE

Choose Your Best Vegetables !

<ALL ITEMS ARE BOX PRICES>

BOX SALES ONLY !



CILANTRO (MEX) 60 CT

Cilantro is a nutrient-rich herb that provides powerful antioxidants, essential vitamins, and potential support for blood sugar, digestion, and brain health

SALE PRICE

\$25.00

**SUPER
PRICE**



NZ SUNGOLD KIWI 22CT

New Zealand golden kiwifruits (such as the popular Zespri SunGold Kiwifruit) are exceptionally nutrient-dense fruits packed with powerful health benefits.

SALE PRICE

\$26.99

**SUPER
PRICE**



GINGER 30LB

Ginger provides powerful natural relief for digestion, nausea, and inflammation due to its active plant compound called gingerol

SALE PRICE

\$33.00

**SUPER
PRICE**



LEMON 140CT

Lemons provide an abundance of vitamin C, citric acid, and plant antioxidants that support overall health.

SALE PRICE

\$49.00

**SUPER
PRICE**



KOREAN SWEET POTATO(ALEXANDER) 40LB

Korean sweet potatoes (goguma) are nutrient-dense root vegetables with purple skin and pale, starchy, sweet yellow flesh.

SALE PRICE

\$38.00

**SUPER
PRICE**



MANDARIN (CLEMENTINE) 22LB

Mandarin oranges provide a rich source of vitamin C, dietary fiber, and antioxidants that support immune function, skin health, and digestion.

SALE PRICE

\$34.00

**SUPER
PRICE**



NDM MARKET

OPEN 7 DAYS A WEEK
9:00 AM - 9:00 PM
SENIOR HOUR
9:00 AM - 10:00 AM
5% OFF FOR SENIORS!

4 DAYS ONLY!
OCTOBER
01-04
THU • FRI • SAT • SUN



EXCLUSIVE SAVINGS • 4 DAYS ONLY!



THURSDAY 10/01 • FRIDAY 10/02 • SATURDAY 10/03 • SUNDAY 10/04

LIMIT 1 OFFER

Kellogg's Pop-Tarts

10.90 To 13.54 OZ. SELECTED VARIETIES



LIMIT 1 OFFER

Kraft Mac & Cheese

7.25 OZ



LIMIT 1 OFFER

IGA Sugar

10LBS



LIMIT 1 OFFER

Totino's Party Pizza

9.80 To 10.90 OZ. SELECTED VARIETIES



SALE PRICE
2.99
DIGITAL COUPON
1.00
OFF ONE

FINAL PRICE
1.99

SALE PRICE
4/\$5
DIGITAL COUPON
2.00
OFF FOUR

FINAL PRICE
4/3

SALE PRICE
6.99
DIGITAL COUPON
1.00
OFF ONE

FINAL PRICE
5.99

SALE PRICE
1.59
DIGITAL COUPON
1.00
OFF ONE

FINAL PRICE
0.59



JOIN
THE NDM APP
& SAVE MORE!



EASY & CONVENIENT!
Clip coupons in the app
and save instantly!



MEMBER BENEFITS!
Digital Coupons
Exclusively for
NDM App Members



4 DAYS ONLY!
Thu, Fri, Sat, Sun

LIMITED QUANTITIES. WHILE SUPPLIES LAST.



VISIT US ONLINE TO REGISTER FOR DIGITAL COUPONS!

FREE ITEM

Friday

COUPON REDEEMABLE

10/2/26 - 10/4/26

*PRODUCTS COULD CHANGE BASED ON
AVAILABILITY *

LIMIT ONE FREE ITEM PER HOUSEHOLD

NO RAINCHECKS AVAILABLE

TAXES WHERE APPLICABLE



1 FREE WITH
DIGITAL COUPON

.16-Oz. Kool-Aid Tropical Punch Mix

Download your **DIGITAL COUPON** for a **FREE ITEM.**

LOAD FRIDAY ONLY

Load Friday 10/2/26 ONLY and redeem by Sunday 10/4/26

LIMITED QUANTITIES. WHILE SUPPLIES LAST.



FREE ICE CREAM!

**CELEBRATE YOUR BIRTHDAY
WITH NAM DAE MUN**

Come in before the end of the month and receive 1 pint of Mayfield Ice Cream!*

**SIGN UP WITH THE QR CODE BELOW
OR BY TEXTING NDM TO 87573**



*while supplies last. Taxes apply.
Please sign up before your birthday month to
receive your free birthday ice cream email.