



SINCE 2005 · WE HAVE 8 LOCATIONS · IN ATLANTA ·

NDM MARKET

WWW.NDMMARKET.COM

WEEKLY ADS, RECIPES AND MORE

NDM Market APP @ndmmarket @ndmmarket

SPECIAL SENIOR HOUR 9AM~10AM 5% D/C FOR SENIORS!

APP CARD

DOWNLOAD OUR APP OR VISIT OUR WEBSITE FOR EVEN MORE SAVINGS! DIGITAL COUPON USING APP

WEDNESDAY WINS

JOIN NDM REWARD TO START EARNING & SAVING 2X POINTS USING POINTS TO SAVE ON YOUR PURCHASE

Want to save money on groceries? Sign up for App Card today at the register or online to receive 50 points! Add your phone number and email for an additional 50 points. Earn points to save money on your next purchase at Nam Dae Mun.



SWAI FILLET 7/9

2⁹⁹ LB

HOT DEAL



WHITE SHRIMP EZ PEEL 26/30

5⁹⁹ LB

HOT DEAL



COOKED WHITE CLAMS WHOLE

2⁹⁹ PK

HOT DEAL



LAMB CUTLET

17⁹⁹ LB



PORK BONE-IN BOSTON BUTT WHOLE

1⁹⁹ LB



WHITE SHRIMP SALAD 100/200

11⁹⁹ PK



COOKED CONCH MEAT

6⁹⁹ LB



YELLOW CROAKER 300/400

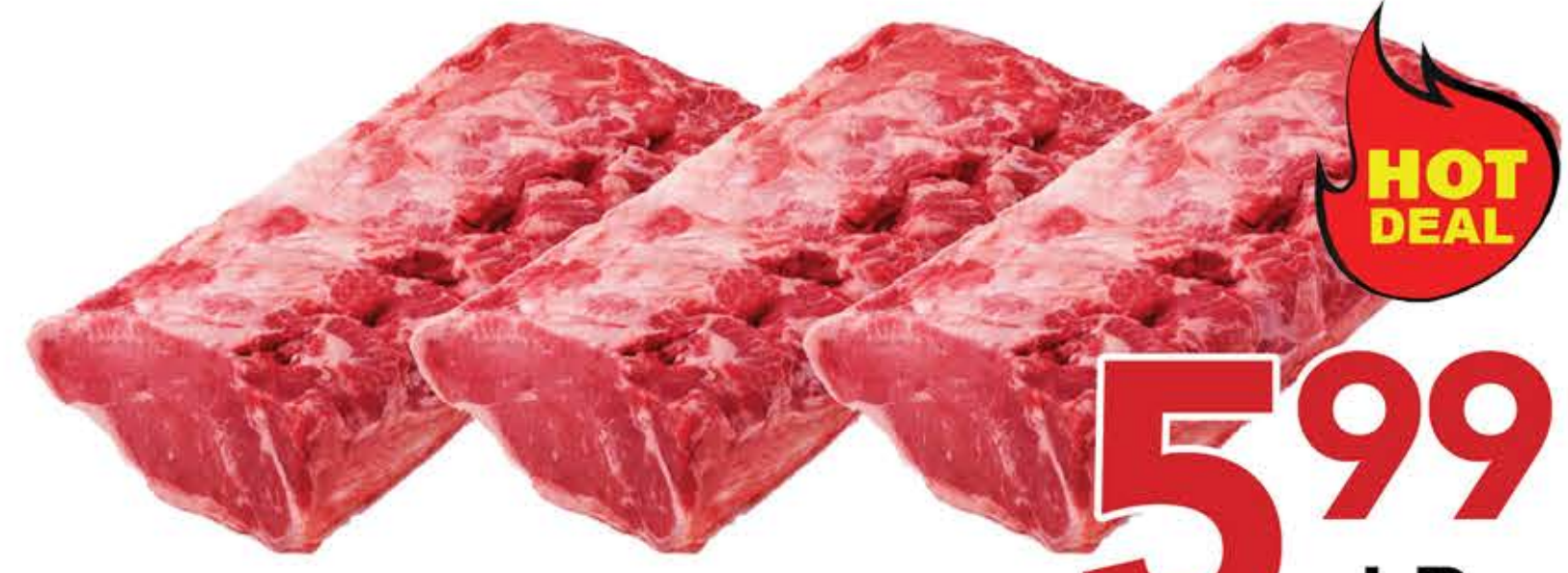
5⁹⁹ LB



WHOLE GOAT

5⁹⁹ LB

HOT DEAL



BEEF STRIP LOIN WHOLE

5⁹⁹ LB

HOT DEAL



CHICKEN BONE-IN THIGH FAMILY

1²⁹ LB

HOT DEAL

VEGETABLES & FRUITS



ONLY FRI-SUN!



HASS AVOCADO

0.69
EA



LIME

10 FOR 1.99



KOREAN SINGO PEAR

8.99
PK



RED KIWIFRUIT

3.99
PK



POMELO

3.99
LB



CALIFORNIA ORANGE

9.99
BAG



GRAPEFRUIT

1.99
EA



MANDARIN

1.99
LB



LARGE FUJI APPLE

1.49
LB



YOUNG COCONUT
PEELED WITH STRAW

1.99
EA



YELLOW ONION

1.99
BAG



WATERCRESS

0.99
EA



CILANTRO

5.19
FOR



MINI CUCUMBER

1.99
PK



TAIWAN CABBAGE

0.69
LB



RAINBOW BELL PEPPER

2.99
PK



RED BELL PEPPER

1.99
LB



INDIAN RED CARROT

1.29
LB



KOREAN SWEET POTATO

0.99
LB



HAWAII PURPLE YAM

3.99
LB



GHANA YAM

3.99
LB



HALLOWEEN PUMPKIN

4.99
EA

WEEKDAY SALE!



RED DELICIOUS APPLE

1.99
LB



PINK LADY APPLE

1.99
LB



RED APPLE

4.99
BAG



MANDARIN

4.99
BAG



CELERY

1.99
EA



GREEN ZUCCHINI

1.29
LB



BROCCOLI CROWN

1.79
LB



SERRANO PEPPER

0.99
LB



ALOE LEAF

0.99
EA



BLACK GARLIC

4.99
PK

Download our app today!

- Clip digital coupons
- Track your digital receipts
- Earn points for your groceries

Available on iPhone & Android



Scan to start saving

SALE DATES: FRI., OCTOBER 16TH - THURS., OCTOBER 22ND, 2026

WE ARE OPEN 7 DAYS A WEEK 9AM - 9PM

Prices and product availability are subject to change without notice. We reserve the right to limit quantities on promotion products. Market is not responsible for pricing, typographical, or other errors.

Your Thirst.

Want to save money on groceries? Sign up for AppCard today at the register or online to receive 50 points! Add your phone number and email for an additional 50 points. Earn points to save money on your next purchase at Nam Dae Mun.



NMDA M

499
EA



11 99
PK

312



45

FOR



599
PK



399
PK



212



2199
FA



429
FA

329
FA

1 29
500ML

1 99
1.5L



799
PK



2999 BOX

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DAIRY & FROZEN ❄️



NDI MARKET APP



GALBANI RICOTTA CHEESE
32OZ

4.99 EA

HOT DEAL



GALBANI WHOLE MILK RICOTTA CHEESE DOUBLE CREAM
15OZ

3.99 EA



GALBANI WHOLE MILK MOZZARELLA SHREDDED CHEESE
32OZ

10.99 EA



DAISY SMALL CURD COTTAGE CHEESE
24OZ

4.79 EA



FOOD CLUB SHREDDED CHEESE
6-8OZ

2.00 EA



FOOD CLUB SLICED CHEESE
7-8OZ

2.00 EA



FOOD CLUB CHUCK CHEESE
6-8OZ

2.00 EA



GALBANI WHOLE MILK MOZZARELLA CHEESE
16OZ

4.99 EA

HOT DEAL



TURKEY HILL ICE CREAM
46OZ

4.00 EA



FATBOY ICE CREAM SANDWICH
4-9PK

4.99 EA



PARKAY QUARTERS STICK
16OZ

2.69 EA



IGA BUTTER QUARTERS SALT
16OZ

3.00 EA



PILLSBURY PIE CRUST
2CT 10-12OZ

3.79 EA



SUNNY D JUICE
64OZ

2.00 EA



CAFE COMPLIMENTS COFFEE CREAMER
32OZ

3.49 EA



PARKAY MARGARINE BOWL
13OZ

2.69 EA



IGA GARLIC BREAD
10.5OZ

2.00 EA



IGA GARLIC BREADSTICK
10.5OZ

2.00 EA



IGA MOZZARELLA BREADSTICKS
11.7OZ

3.49 EA



LAND O LAKES SPREAD BUTTER
8OZ

1.99 EA

HOT DEAL



IGA GARLIC TEXAS TOAST
11.25OZ

25 FOR



IGA TEXAS CHEESE TOAST
13OZ

26 FOR



IGA CHEESE GARLIC BREAD
11.7OZ

26 FOR



MAYFIELD ICE CREAM
16OZ

25 FOR

HOT DEAL

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GROCERIES - ALL STORES



NDM MARKET APP



ONLY THUR-SUN!

CHEEZ IT
6.5-12.4OZ

379
EA
DIGITAL COUPON
\$1 OFF 1
279
EA
LIMIT 1



OREO CRACKER
11.78-19.1OZ

449
EA
DIGITAL COUPON
\$1 OFF 1
349
EA



DUNCAN HINES
FROSTING
14-16OZ

24
FOR



ONLY
THUR-SUN!

POP TART 14.39-20.31OZ

349
EA
DIGITAL COUPON
\$1 OFF 1
249
EA
LIMIT 1



SWEET
BABY RAY'S
BBQ SAUCE
16-28OZ

299
EA



HUNGRY
JACK
SYRUP
24OZ

400
EA



HUNGRY
JACK
WAFFLE
PANCAKE
MIX
28-32OZ

300
EA



DUNCAN
HINES
CAKE MIX
15.25OZ

23
FOR



DUKES
MAYONNAISE
SQUEEZE
18OZ

500
EA



MOON PIE
MINI 12CT

349
EA



KEEBLER
COOKIE
8.5-12.5OZ

399
EA



PREMIUM
SALTINES
9-16OZ

27
FOR



ONLY THUR-SUN!
HEINZ TOMATO
KETCHUP SQUEEZE
38OZ

499
EA
DIGITAL COUPON
\$1.50 OFF 1
349
EA
LIMIT 1



LKK CHAR SIU
SAUCE 397G

399
EA



LKK CHILI
BEAN SAUCE
368G

399
EA



OTOKI OYSTER
JJAMPPONG
RAMEN 4PK

699
EA



SY 2X SPICY
BULDAK BIG
BOWL 6PK

899
BOX



CJ
BARN
RICE
15LB

1099
EA



CJ
BROWN
RICE
15LB

1099
EA



CJ
BROWN
SWEET
RICE
15LB

1199
EA



MAHATMA
RICE
32OZ

349
EA



MAHATMA
GRAIN RICE
32OZ

279
EA



QUAKER
OATS
42OZ

599
EA



OTOKI
COOKED
WHITE RICE
12PK

1099
EA



POST
CEREAL
13.5-15OZ

HOT
DEAL
400
EA



MAZOLA
CORN OIL
96OZ

HOT
DEAL
1399
EA



HUNT'S
PASTA SAUCE
24OZ

HOT
DEAL
23
FOR



VLASIC
PICKLE
24OZ

HOT
DEAL
26
FOR



DIXIE
CRYSTALS
PURE CANE
SUGAR
4LB

349
EA



DIXIE CRYSTALS SUGAR 32OZ
LIGHT BROWN, DARK BROWN, CONFECTIONERS

299
EA



CHICK-FIL-A
ORIGINAL SAUCE
24OZ

HOT
DEAL
499
EA



SWANSON
NATURAL BROTH
14.5OZ

HOT
DEAL
129
EA



RED BOAT
FISH SAUCE
500ML

HOT
DEAL
999
EA



MAAIL HOT
RED PEPPER
PASTE 1KG

599
EA



MAAIL
SEASONED
PASTE 1KG

399
EA



MAAIL
SOY BEAN
PASTE 1KG

299
EA

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SAVE

EVERYDAY ITEM!

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ANGEL SOFT BATH TISSUE
12 MEGA ROLL 12CT

9.00
EA



**ONLY
THUR-SUN!**

**TIDE SIMPLY
LIQUID LAUNDRY
DETERGENT**

31-32OZ



Download our app today!



Clip digital coupons



Track your digital receipts



Earn points for your groceries



Scan to start saving

Available on iPhone & Android

FREE ICE CREAM!

CELEBRATE YOUR BIRTHDAY WITH NAMDAEMUN

Come in before the end of the month and receive
1 pint of Mayfield Ice Cream! *

**Sign Up with the QR Code or
by texting NDM to 87573**



SCAN FOR BIRTHDAY GIFT

*While supplies last. Taxes apply. Please sign up before birthday month to receive your free birthday ice cream email.

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NMD MARKET

10.16.2026 ~ 10.22.2026

PRODUCE

WEEKEND SALE

Choose Your Best Vegetables !

<ALL ITEMS ARE BOX PRICES>

BOX SALES ONLY !



JUMBO YELLOW ONION 50LB

Yellow onions provide powerful antioxidants, essential vitamins, and prebiotic fibers that support overall health.

SALE PRICE

\$28.00

**SUPER
PRICE**



FUJI APPLE BAG 12/LB

Fuji apples are best used for fresh snacking, adding natural sweetness to salads, juices, and smoothies, or holding their shape when baked in pies and crisps

SALE PRICE

\$52.00

**SUPER
PRICE**



JUMBO CARROT 50LB

Jumbo carrots provide a massive boost of beta-carotene, fiber, potassium, and vitamins A, K, and C, supporting overall health just like standard carrots while offering extra satisfying crunch.

SALE PRICE

\$26.00

**SUPER
PRICE**



HASS AVOCADO 48CT

Hass avocados provide rich amounts of monounsaturated fats, fiber, and essential nutrients that support heart health, digestion, and eye protection.

SALE PRICE

\$33.00

**SUPER
PRICE**



RED BELL PEPPER[MEX] 11LB

Red bell peppers are low in calories and high in vitamin C, and also contain other nutrients like fiber, potassium, and folate.

SALE PRICE

\$21.99

**SUPER
PRICE**



YOUNG COCONUT 9CT

Young coconut water is packed with natural electrolytes like potassium, magnesium, and sodium, making it an effective, low-calorie alternative to commercial sports drinks

SALE PRICE

\$24.99

**SUPER
PRICE**



NDM MARKET

OPEN 7 DAYS A WEEK
9:00 AM - 9:00 PM
SENIOR HOUR
9:00 AM - 10:00 AM
5% OFF FOR SENIORS!

4 DAYS ONLY!
OCTOBER
15-18
THU • FRI • SAT • SUN



MEMBER-ONLY
DIGITAL COUPON
SALE!

EXCLUSIVE SAVINGS • 4 DAYS ONLY!

 **THURSDAY 10/15 • FRIDAY 10/16 • SATURDAY 10/17 • SUNDAY 10/18**

LIMIT 1 OFFER

Cheez-It Crackers

6.50 To 12.40 OZ. SELECTED VARIETIES



SALE PRICE **3.79**
DIGITAL COUPON **1.00** OFF ONE
FINAL PRICE **2.79**

LIMIT 1 OFFER

Kellogg's Pop-Tarts

14.39 To 20.31 OZ. SELECTED VARIETIES



SALE PRICE **3.49**
DIGITAL COUPON **1.00** OFF ONE
FINAL PRICE **2.49**

LIMIT 1 OFFER

Heinz Tomato Ketchup Squeeze

38 OZ



SALE PRICE **4.99**
DIGITAL COUPON **1.50** OFF ONE
FINAL PRICE **3.49**

LIMIT 1 OFFER

Tide Simply Liquid Detergent

31.00 To 32.00 OZ. SELECTED VARIETIES



SALE PRICE **3.49**
DIGITAL COUPON **1.50** OFF ONE
FINAL PRICE **1.99**



JOIN
THE NDM APP
& SAVE MORE!



EASY & CONVENIENT!
Clip coupons in the app and save instantly!



MEMBER BENEFITS!
Digital Coupons Exclusively for NDM App Members



4 DAYS ONLY!
Thu, Fri, Sat, Sun

LIMITED QUANTITIES. WHILE SUPPLIES LAST.



NDM MARKET



VISIT US ONLINE TO REGISTER FOR DIGITAL COUPONS!

FREE ITEM

Friday

COUPON REDEEMABLE
10/16/26 - 10/18/26

*PRODUCTS COULD CHANGE BASED ON
AVAILABILITY *

LIMIT ONE FREE ITEM PER HOUSEHOLD

NO RAINCHECKS AVAILABLE

TAXES WHERE APPLICABLE



1 FREE WITH DIGITAL COUPON | **3-Oz. Maruchan Chicken Ramen Noodle Soup**

Download your **DIGITAL COUPON** for a **FREE ITEM.**
LOAD FRIDAY ONLY

Load Friday 10/16/26 ONLY and redeem by Sunday 10/18/26

LIMITED QUANTITIES. WHILE SUPPLIES LAST.



FREE ICE CREAM!

**CELEBRATE YOUR BIRTHDAY
WITH NAM DAE MUN**

Come in before the end of the month and receive 1 pint of Mayfield Ice Cream!*

**SIGN UP WITH THE QR CODE BELOW
OR BY TEXTING NDM TO 87573**



*while supplies last. Taxes apply.
Please sign up before your birthday month to receive your free birthday ice cream email.